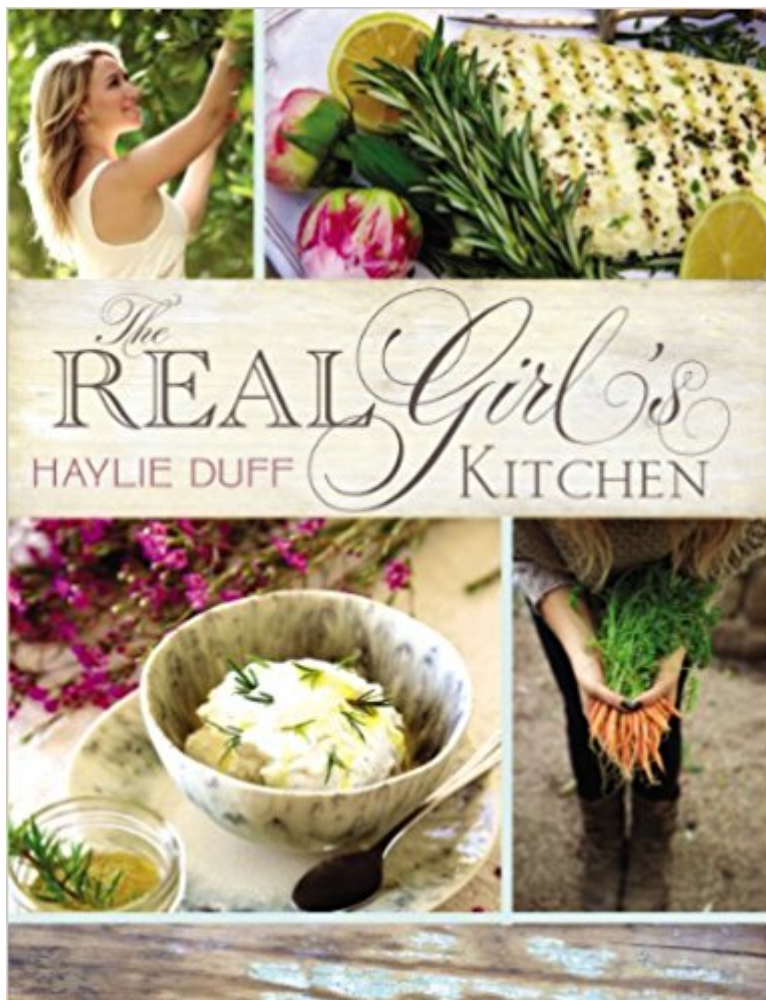




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# The Real Girl's Kitchen



## Synopsis

Though she is best known as an actress, Haylie Duff feels quite at home in her kitchen. When she started serving up easy and elegant recipes, kitchen tips, and entertaining advice on her blog, The Real Girl's Kitchen, the site quickly grew into a destination for fans and foodies alike. Now everyone's favorite recipes along with dozens of new dishes are available in a gorgeous, hand-held volume. The Real Girl's Kitchen covers it all: breakfasts, salads, soups, appetizers, snacks . . . even recipes for your "cheat days"! Haylie tackles everything from healthful green smoothies, to drinks for an impromptu gathering, to whipping up an impressive meal for a date. Each recipe is accompanied by full-color photos, along with a personal story from Haylie's life. The Real Girl's Kitchen shows readers not only how to eat to live, but how to love to eat along the way.

## Book Information

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Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Haylie Duff is an actress and singer/songwriter who came to worldwide attention in 2004 for her role as Summer in Napoleon Dynamite. Since then, she has appeared in numerous film, television, theater, and music projects. Duff currently resides in Los Angeles, where she enjoys spending time with her family, friends, and her beloved dogs. Find out more at [www.realgirlskitchen.com](http://www.realgirlskitchen.com), and follow Haylie on Twitter @HaylieDuff and @RealGrlsKitchen

Haylie put her heart into the book as she does with everything she takes on. It is not a "me too" cookbook and she created most of the recipes herself. Yes, as her Dad ,I bought a number of them just like any Dad would do to support his daughter's work. I took one as a hostess gift last night to watch the OU / Baylor game and the book made the rounds among the guests all evening and now looks like an old veteran on her shelf. It was a big hit as each of the ladies raved about this recipe, and so on. .She text me that she appreciated me working the room for her! If you follow Haylie as an actor, you will get to know her even better through the book as each recipe has a story.She wrote every word, And, yes, It did not go over very well taking her to Hooters for wings ! Enjoy

Excellent take on a today cookbook. Well written, easy to find ingredients and just plain fun to use for the cookbook lover. Having been cooking for over 60 years it is also perfect for my 24 year old granddaughter, who is just learning to cook, (rather than take out)., A fun cookbook.

I recently started following The Real Girl's Kitchen over the past few months after seeing Haylie on Home and Family tv show. I enjoy the blog and I love this book! The pictures are beautiful and the food recipes are healthy, simple and tasty. The ingredients would be quite easy to find if you live in sunny Southern CA but it is a little more difficult for me where I live. I will be substituting a handful of ingredients I do appreciate using fresh ingredients and I am excited to many of these recipes!

This is really a great cookbook. This is honestly the first real cookbook I have bought, and all the recipes are easy enough (I am not necessarily a beginner, just would get all of my recipes from online). The flavor and combinations are so simple yet something that I would never think of. You can tell she really put forth a great effort to get these recipes together. Along with some tips, tricks, and recommended tools, this is a really great book. There is also 2 recipes for dogs! Also, I will add that I am from Buffalo, NY and I take my wings and hot sauce VERY seriously. The fact that she has a wing recipe involving Franks Hot Sauce (from Buffalo and the hands down best hot sauce around) shows me that she really took her time in picking the ingredients as opposed to just using anything. I have not tried the wing recipe (YET) but I am looking forward to it!

I'm a collector of cookbooks, and I can honestly say this is the first I have ever read from cover to cover. Every recipe is presented with a personal story as to why it means so much to her. It is truly like reading a letter or note from a friend. The stories about her mother and sister especially spoke to me, so much so that I immediately bought copies for my mother and sister. The recipes are

delicious, and I've already included a few into a frequent rotation at my home (I'm particularly fond of the "green drink" and prosciutto and asparagus wrapped in crescent rolls).

What can I say? I like everything about this cookbook. I really hope she does another one. Her recipes are classy and casual, healthy and delicious. Haylie makes it easy to make food that is equally beautiful as it is tasty. If you love her show, you will love her cookbook even more. She's not a baker, so don't expect recipes for crazy pastries because that's just not her thing. You will however, find recipes for pretty much any occasion all wrapped up in a lovely recipe diary. I say diary because this is clearly more than just a simple cookbook, it is from her heart and it shows. Praise for Haylie Duff!

This book has made a huge difference in my 14 year old grand daughter's life. She was discouraged because she couldn't cook. Yesterday her elder brother said, "Hey, she's a really good cook." Friday she is planning to cook dinner for the family. Cuddled down in her room, she pours over The Real Girl's Kitchen, planning what to do next. Thanks Haylie.

I would recommend this book to someone who does not have a lot of time to cook or would like to impress their friends/family with some recipes. The recipes are simple (only a couple of ingredients) and they are quick to make. This book is very personal. There are points where it feels like diary. Haylie does this to explain the story behind each of her recipes. At first it was a bit too much but later I realized I enjoyed reading her stories. She is funny and her pictures are absolutely beautiful. The only downside is that some of the recipes are not too specific with measurements. Some will reach "a pinch of" or "a handful" which makes it tricky because everyone has different opinions on how much that is. Sometimes these measurements work out because I can season the food to my own taste or measure only what I will eat (for example, a handful of kale for a salad). Please consider purchasing this book! It is a beautiful book. Some of my recipes have come out delicious and beautiful which helps when cooking for someone else!

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